

KSCA PRE-CONFERENCE WORKSHOPS

1. Creating Data-Driven School Counseling Programs

Brett Zyromski

6 Hour

Participants will learn how to evolve existing school guidance programs to data-driven comprehensive school counseling programs. Participants will learn how to evaluate existing school counseling programs using outcome data. Participants will learn how to assess needs of a school and create measurable, data-driven interventions, with outcomes assessed by increases in academic achievement (End of Course Assessments; Core Content Tests; other assessments), increases in grade-point-averages, increases in attendance and reductions in drop-outs, as well as decreases in behavior issues. Participants will learn a step-by-step process for building a Recognized ASCA Model Program (RAMP) as they also impact students' test scores, grade-point average, behavior, and attendance. School counselors and administrators will learn how to create baselines, interventions, and results. Analysis of the results using t-tests, ANOVA's, MANOVA's, ANCOVA, of MANCOVA strategies will be explained, illustrated, and applied. Administrators will learn how to assess the effectiveness of their school counselors.

2. Introduction to Advocacy for School Counselors

Deb Amchin

6 Hour

As set forth in ISLLC Standards 4 (“collaborating with community members,...and mobilizing community resources”) and 6 (“advocating...to influence local district, state and national decisions affecting student learning”), school counselors will learn to prepare advocacy presentations about their role in schools, focusing specifically on suicide prevention, bullying prevention, and student achievement. After creating a coherent message as a group, participants will meet with their KY state legislators individually and will share significant information about the contributions they provide to students. Following the legislative meetings, counselors will reconvene as a group to discuss the outcomes of their individual conversations and to determine future directions for advocacy as a result of their presentations. Participants will learn how to create an advocacy presentation, will learn about issues of interest to their legislators, and will craft a consistent legislative message that can carry beyond the session into the work of the Kentucky School Counselors Association for upcoming years.

3. Crisis Counseling in Schools

Dr. Butch Losey

6 Hour

This workshop will take a practical approach for addressing a variety of crisis situations in a school setting. The workshop will begin with participants learning a general model of crisis intervention that utilizes empathy strategies for supporting crisis communication. Participants will practice this six-step model for crisis intervention for the counseling setting using participant contributed scenarios.

Participants will also learn de-escalation strategies that can be used by counselors or teachers for in-the-moment crisis situations. This will be grounded in the developmental model of crisis and participants will have an opportunity to experience the verbal escalation continuum and practice de-escalation techniques.

Bullying will be discussed in terms of the negative impact to the victim and how to use a five-factor screening tool developed by the presenter to screen risk for children experiencing persistent bullying. A screening process will be proposed and practiced based on an actual case study.

The participant will learn factors that contribute to suicide ideation and the primary information needed to make a determination of suicide lethality. Participants will practice a suicide assessment using an actual case study.

Lastly, participants will learn 10 primary causes of youth violence and what Dr. Losey has learned about mass school shooting based on his interviews with school shooters. Two research-based models for assessing threats of violence will be identified and participants will practice a threat assessment using an actual case study.

4. Bully, Bully Go Away! I Want to Be Safe at School Each and Every Day

Felicia Carter

6 Hour

School Counselors will be exposed to practical ideas to assist in creating and implementing a school plan that will foster reporting and a bully free environment.

5. Academic Coaching Skills: Jewels to Polish in Your Opportunity Grab Bag

Rebecca Emmerson

6 Hour

K-12 and higher education are moving forward toward a seamless approach to eradicating developmental education and high dropout rates by partnering together in developing students with a clear vision for themselves, what is possible and the educational and career opportunities available to them. Counselors play an integral role in this shared goal by coaching students to:

develop a vision for their future,

access their gifts and interests,

overcome their fears and challenges and think through problems, identify solutions, make conscious choices and evaluate outcomes.

Attendees will learn, practice and apply active listening, observing and asking powerful questions through modeling, mock coaching and individual and shared reflection opportunities. Attendees will leave this session with an understanding of the practical application of coaching skills to engage every student to unlock the power of their dreams and develop a broader perspective on the choices and consequences they face in their lives.

6. Bringing Attention to Attention Deficit Disorder

Gina Crabtree

6 Hour

Professional networking and real world application will be the means by which participants will gain understanding of ADHD, and the six executive functions that are impacted. A thorough look at these functions and innovative strategies to help students cope with their adverse educational impacts will be provided. Participants will leave the session armed with tons of out of the box strategies and skills to help the regular classroom teacher understand and deal with these often challenging students.

7. Color Children's Character

Gary Parady

6 Hour

Are you ready to learn some innovative and creative lessons and activities that will enhance your guidance program? Do you want to leave a workshop feeling encouraged and motivated to be the best in your profession? Through an interactive presentation combined with a creative power-point, audience participation (volunteers only), music, magic, visuals, and even dancing you will become a new and creative counselor. Topics will include building self-esteem, dealing with the issue of bullying, children's feelings, compassion, respect, bringing fathers on board, class control, resource materials, that really work, and so much more! Each participant will receive a booklet of lessons and activities to enliven your guidance lessons. There will also be door prizes and surprises galore. I promise you the six hours will fly by.

8. Bon Voyage – Bon Voyage

Leslie Dunn

6 Hour

THIS JOB IS A REAL TRIP! Leslie's "bucket list" travels mirror the daily journey of a school counselor (tour director) who handles: "hazardous cargo," "mechanical failures," and "unexpected delays" with a *smile!* Participants will map out strategies to address common roadblocks that can "*detour the tour guide.*" They will leave with a personal travel plan that protects their leadership and direction. Wanted: *Travel guide to help students reach their destinations. Must be willing to ask for directions or risk finding self lost. Those without humor need not apply.*

9. Understanding I-Kids

Doris Settles

6-Hour

Designed as an interactive power point presentation workshop, participants learn about the core constructs of Digital Citizenship, the changes in our society and world wrought with the advent of Web 2.0 (user-created content), and how each core construct provides a new context for success. Data from national and international studies on youth involvement in digital commerce, communication, content creation and sharing, global communities, and more will be discussed to guide policy and pedagogy. A worrisome "Digital Divide" exists between the adult "digital immigrant" society that still looks at technology as a tool rather than a culture, and "digital natives" who have fully embraced its always-on, always-connected, anytime, all-the-time, everywhere reality. This disconnect is generating a world where youth are largely unsupervised, unchaperoned, and disconnected from the established physical presence of schools and communities. Case studies and Scenario-based learning, done in small group settings, look at best practices in an educational or youth development setting. These activities will be reported out to the entire audience of participants. Throughout the workshop, Q&A is encouraged and participatory questions are posed to the audience at large.

10. Reading the Tells – Learning How to Read Body Language

Jerry Balistreri

3 Hour

Reading the Tells is a powerful training seminar that gives you practical techniques, tools, and strategies for understanding and using non-verbal communication for the highest impact and effectiveness. During this interactive training, you will learn how to:

Develop skills in reading non-verbal "tells" both in the workplace and with friends and family members.

Recognize the limbic system and its role in non-verbal communication.

11. The Kentucky ILP

Pam Gabbard

3 Hour

This will be a three hour training for the Kentucky ILP. It will explore all new components of the ILP and look at the new areas added to the school tool. A discussion of implementation will conclude the workshop.

12. Supporting Students ~ Saving Lives - LGBT Youth

Vincent Pompei

3 Hour

Did you know that 9 out of 10 LGBT youth are harassed at school? The drop-out rate for this student group is 3 times the national average. Even more troubling, LGBT youth are 4 times more likely to attempt suicide and make up nearly 40% of the homeless youth population.

This session will begin with basic LGBT 101 and leave you empowered with the attitude, knowledge and skills necessary to create needed change.

Participants will learn current statistics associated with LGBT youth and legal and ethical obligations of school counselors. Real stories will be shared and research proven strategies will be offered encouraging safer school climates for LGBT students. Participants will receive free resources that will help create safe, welcoming and inclusive schools for LGBT students.

13. School Counselors and School Councils as Allies

Christy Hogan

3 Hour

In this session participants will review and examine the duties and responsibilities of SBDM councils and how their jobs/roles as school counselors relate. Activities will involve participants in becoming aware of how they can help school councils with their number one responsibility of improving teaching and learning and thus student achievement in their school. The counselor's role in parent involvement in improving student achievement will be highlighted. "Take home" strategies will be identified.

14.Strategies for Improving Your Emotional Intelligence

Michael Cornwall

3 Hour

Your emotions, regardless of how much strength you've learned to give them, can be brought down, deconstructed and reshaped. You just have to learn how to give your knee-jerk response to emotional stimuli less strength – LESS OF A JERK. In order to do that you will have to commit to reinventing the way you think and behave. You will approach that task by accepting and then adapting to a no-nonsense style of emotional problem solving. You will learn and use a process of level-headed decision-making, becoming more efficient, flexible and open-minded when addressing your emotional problems. There is always another emotional option. You can make fact –based observations, something most of us are unfamiliar with doing. You can incorporate in vivo (in life) exposure, i.e., homework, to encourage you to independently act against your SELF-DEFEATING thoughts and behaviors. This workshop will be of special interest to school counselors who wish to provide a more meaningful problem-solving strategy to students seeking help with emotional struggles. Others who are interested in addressing emotional issues from a solution-focused perspective will also benefit.

15.Making A Positive Difference

Arden Martenz

3 Hour

Do you ever wonder if what you are doing is actually making a difference in your students' lives and in your school? This presentation introduces proven methods and ideas on ways you can make a positive difference when counseling individual students who have both minor and major behavior problems that are preventing them from reaching their potential, a way you can make a positive difference in bullying and other detrimental behaviors by offering groups that attack the major cause of these behaviors which most often is anger, and ways you can help yourself and your teachers better communicate with parents. Each of these topics can be major deterrents to a school reaching its goals of better discipline, positive student engagement in learning, and community support.

16.New Activities for Young Students

Arden Martenz

3 Hour

Students in the youngest grades K-2 are a challenge. They have short attention spans and often the time allotted for the counselor is brief. Therefore, lessons must either be short or a combination of ideas. This presentation will include ways to hold the attention of these very young children and get your message across. Included will be a list of storybooks for this age group and activities that will help them to better understand the concepts of behavior, self-esteem, feelings, as well as other topics appropriate for the very youngest in our

QUESTIONS ABOUT THE CONFERENCE????

Please Contact: ***Carol Lewis,***

KSCA Conference Planner

Carol.Lewis@insightbb.com or (859) 351-4937