

Proposals Breakdown:

Technology Related

1. "Appy Hour – gSuite for School Counselors" – Sarah Akin – Indian Hills Elementary School Counselor

Save time by working smarter and not harder with gSuites. This session provides specific ways school counselors can utilize Google Drive, Docs, Forms, Sheets, and Classroom to be more efficient and streamlined their school counseling programs and school-wide. Participants will be provided with tips, tricks and tools that they can immediately implement to fit the needs of their school counseling program and schools.

2. "Virtual and Performance Based Classes in Infinite Campus" – Garnetta Barnette – Systems Consultant IT – KDE

As more and more district provide innovative scheduling to serve their students we see an increase in the number of students taking classes off campus. It is important that these classes be set up correctly in Infinite Campus. This session covers how to set the courses up in Infinite Campus. Bring your laptop to verify that what you have is correct.

3. "Intensive College Access Now ICAN" – Julie Brown – School Counselor

Participants will learn to efficiently set up Intensive College Access Now ICAN to guide seniors through the college application process.

4. "Tech Talk: Cyber Bullying and Sexting" – Mary Beth Uberti – Operation Parent Program Director

TECH TALK – Cyber bullying and sexting

- Steps to take to protect and detect cyber bullying.
- Legal issues surrounding sexting.
- Steps to take if your child receives a sext.

5. "How can KET Enhance Your Schools" – Brian Spellman – Director, K12 School Services

In this session attendees will see why students and teachers across Kentucky and the nation turn to KET for high-quality media, engaging curriculum, and innovative digital-learning resources and classes, including PBS LearningMedia, KET Online Campus, and Innovative Digital Resources. Explore THE destination for high-quality, trusted digital content and solutions that inspire students and transform learning.

Elementary School Focused

6. “Culturally Responsive Classroom Guidance” – Micca Gordon – Art Teacher/Behavior Coach

Participants will experience what culturally responsive instruction is first hand as well as resources to use with their own guidance curriculum. Each lesson has a student centered approach to teaching in which the students' unique cultural strengths are identified and nurtured to promote student achievement and a sense of well-being about the student's cultural place in the world. The components to a well-structured culturally inviting classroom will also be explored.

7. “Book Clubs” – Kaet Barron – School Counselor

Learn about how one school counselor has integrated Book Clubs into her school counseling program. Now a favorite among students, book clubs have increased pleasure reading, allowed for quality time with students and created some very thought provoking conversations.

Learn how to use book clubs at the elementary level, as well as get book suggestions and discover websites to assist with purchases

8. “What’s the Big Idea?” – Deanna Sexton – School Counselor

Core Essentials is a character education program that utilizes a character trait per month (Big Idea). In this session, hear from an elementary school that utilizes this program school-wide thanks to a positive relationship with a community partner. Get some great ideas on how you could utilize this program in your setting.

9. “Elementary School Book Clubs” – Kaet Barron – School Counselor

Maryville Elementary's Book Club is one of the most popular clubs at the school. Learn about a successful elementary school book clubs run by the school counselor. Hear about how she implements the program, selects participants and guides the book discussion, as well as get recommendations on books to use for your club.

Middle/High School Focused

10. “Super Saturday, A College Access Event for HS Juniors and Seniors” – Campbell County HS Counselors

Join the Campbell County High School Counseling Department as they present their College/Career Access program called Super Saturday. Super Saturday is an event for HS juniors and seniors that features several open workshops covering various CCR topics including: FAFSA completion, college application completion, recommendation letter requests, scholarship searches, and college/career exploration. Leave this session with plenty of takeaways and ideas to start your own CCR program.

11. “Stuff You Should Know... About AP” – Jennifer Pusateri – KDE Education Consultant

Join Gia Kaul, Director of College Board’s (CB) Southern Regional Office, and Jennifer Pusateri, KDE Education Consultant and State Advanced Placement (AP) Coordinator to discuss all things AP. Participants will learn about AP exam fee funding options for students eligible for free/reduced lunch (FRL), the AP Computer Science Principles/Code.org partnership, and increasing your percentage of students sending AP scores to colleges. If you are a counselor or AP Coordinator, this session is for you!

12. “Sources of Strength” – Caryn Scheiding – School Counselor – Williamstown High School

The most powerful tool we have, is being able to put decisions and control into the hands of our students. In this session, we will discuss how the Sources of Strength Program was implemented in our schools, and the outcome we have seen as a result.

13. “DBT Skills Training in School” – Heather Couch – School Counselor

Do you have emotionally out of control adolescents? Do your adolescents feel like their emotions are driving their behaviors? Inevitably, all school counselors will have to help adolescents deal with their emotions. DBT STEPS-A, Dialectical Behavioral Therapy Skills Training for Emotional Problem Solving for Adolescents, is an evidence based social emotional curriculum taken from Dr. Marsha Linehan’s DBT. This curriculum is designed for teachers and school counselors to implement without being under supervision. This program teaches adolescents the core values of DBT and how to implement them in their daily lives.

14. “Middle School Groups Big and Small” – Theresa Morris – School Counselor

Participants will learn how to have productive groups with middle school students. The groups will address issues like divorce, deployment, test anxiety, being a new student, bullying, etc. Strategies like Yoga Calm, listening skills and the kindness initiative will be used.

15. "Non-Suicidal Self Injury" – Cassandra Dalton – School Counselor

A 2008 publication by the US National Library of Medicine reports that 1/3 to 1/2 of US adolescents have engaged in some type of self injury. This session will focus on developing an understanding of non-suicidal self-injurious behavior as well as common motivations underlying the behavior. We will also address what support the School Counselor can provide for students who display non-suicidal self-injurious behaviors.

16. "Xello by Career Cruising" – Leo Abramoff – Account Manager, Xello

Xello helps students discover the pathway that's right for them, whether it involves a trade, college, university, entrepreneurship, or other training. As students gain self-knowledge through assessments and reflection, they save careers, schools, programs, and experiences to form a vibrant, visual roadmap that's easy to update and share.

17. "Moderating Factors Between the Self-efficacy and Role Stressors for High School Counselors" – Nathan Underwood – Counselor Educator

The school counseling profession continues to suffer unclear roles and expectations despite the work of ASCA to define the profession. School counselors with higher self-efficacy are better able to manage the role stressors encountered on the job than those with lower self-efficacy. Furthermore, moderating factors such as wellness and years in the field also influence the self-efficacy - role stressor relationship.

18. "KEES Gets on Track" – Mary Taylor – KDE

Learn more about KY's nationally recognized best practice youth apprenticeship model- Tech Ready Apprentices for Careers in KY or TRACK program. New for 2018-2019 school year, KEES money will be able to be used for Registered Apprenticeship. A KHEAA representative will be co-presenting to give the details on this new initiative.

19. "Foreign What? World Language 101 for School Counselors" – Alfonso De Torres Nunez – World Language Consultant – KDE

Students come to your office and ask you questions about World Languages, international studies and potential careers. What to do? This session will provide attendees with clear understanding of what World Languages is about, up-to-date knowledge on this specific content area and resources to share with students and parents.

20. "Finding Hope: Teen Suicide Prevention" – Jeff Morris – Suicide Prevention Trainer

My program is about how to teach students the steps to take to help someone who they suspect is suicidal. I cover areas such as dealing with stress, anxiety and depression, warning signs, and what to say and not say to a suicidal person. I conclude with teaching the three steps to help a suicidal person called Question, Persuade, Refer.

21. "Kentucky Apprenticeships" – Deborah Williamson – Senior Advisor to the Secretary

Each and every day the U.S. economy continues to come under increasing competitive global pressure. In that regard, Kentucky not only finds itself economically competing with other states but with the entire manufacturing world. The most important asset any region or state must possess in today's competitive market is a highly trained and skilled workforce. One significant way to create and maintain a skilled workforce is through a highly effective on-the-job apprenticeship training program.

The unique feature of the apprenticeship concept is that on-the-job training is supplemented with technical classroom instruction. Apprentices work under the supervision of qualified journeymen to develop their chosen trade or skill and learn the techniques, materials, and equipment associated with that trade. Classroom instruction that provides training in theoretical and technical aspects of the trade is required. Minimum class time is 144 hours for each year of apprenticeship, but may be higher for some trades. Apprentices are generally evaluated every six months and receive pay raises based upon their proven progress in skill development as well as their classroom proficiency. When a registered apprenticeship program sponsor verifies that the apprentice has fulfilled all requirements of the training program, the Labor Cabinet will issue a certificate of completion. This nationally recognized certification is verification that the completing apprentice is a fully qualified skilled worker in the trade

Data Related

22. "Evidence Based School Counseling/RAMP Question and Answer Session" – Britane Swank

Brief informational, and question and answer session regarding evidence based practices and the RAMP application process.

23. "School Counselor and the RTI Process" – Sarah Akin – School Counselor – Indians Hills

In order to ensure that no child is left behind, it is critical that school counselors play a vital role in both the academic and behavior RTI process. Are you familiar with all the ways you can impact this process within your school? This session will provide an overview of how school counselors support the RTI process based off the ASCA National Model. This session will provide practical guidance and resources that you can take back to your school to use in the RTI process to improve student achievement and behavior.

24. "RtI: A Creative Approach to Math and Reading Interventions" – Jill Angelucci – Curriculum Coach

Hear how one high school has taken a systematic approach to scheduling Math and Reading Interventions. Creative scheduling and a high level of collaboration between school administration, the guidance department, and teachers led to success in the implementation of this course.

Special Populations

25. "Attempts to Bridge the Gap Between Behavioral and Counseling Approaches for Adolescents and Adults with Autism" – BethAnne Swick – Direction of Clinical Operations

The purpose of this conference proposal is to present effective measures to better bridge the gap between the approaches utilized by Board Certified Behavioral Analyst and Licensed Professional (Clinical) Counselors when developing interventions for adolescents and adults with Autism Spectrum Disorder.

26. "The School Counselor's Role in Supporting LGBTQ Student Populations" – Connie Elkins – Outpatient Counselor

In this conference presentation School Counselors will learn the ethical considerations of working with students who identify as LGBTQ. Included in the discussion is the use of Ethical Bracketing, in which Counselors examine their own perspectives and explore ways to meet the needs of students and their families. Included in the workshop will be discussions of case scenarios, group problem solving, practical tips for providing support, and question and answer time. Delivery Strategies include formal presentation through use hand-outs of and question and answer session.

27. "Unwrapping The Gift: The Social Emotional Needs of Gifted Students" – Heather Couch – School Counselor

"Unwrapping the Gift" is a presentation about the social emotional needs of gifted children. As Christine Fonseca states, they are emotionally intense and how true that is. I am a school counselor in a gifted, accelerated school and experience firsthand the intensity of these emotions. From perfectionism to anxiety, children who are gifted feel emotions deeply. A gifted child struggles with fitting in with other children that are not identified as gifted, because of where they are emotionally. Children who are gifted are more than their IQ score and academics, they are emotionally intense beings. This affects their relationships with their peers and their academics.

28. “How to Engage Struggling Learners with Universal Design for Learning (UDL)” – Jennifer Pusateri – KDE

The education "deck" is stacked for students who are strong in reading, writing and test-taking. But, what about the rest of the students? Students whose learning preferences include visual, kinesthetic and tactile methods are often at a marked disadvantage in our schools.

Universal Design for Learning (UDL) can be a game-changer for these students because it advocates teaching and assessing content in a many different ways, thus meeting the needs of a variety of learners. UDL practitioners have found that when students are given choices and multiple options their behavior, engagement and achievement increase dramatically.

In this session you will participate in simulations, activities, and discussions that give you a better understanding of how UDL ensures that the odds are ever in your students' favor.

Trauma Related

29. “Healing with Art: Working Through Trauma” – Micca Gordon – Behavior Coach/Art Teacher

In this workshop, we will experiment with creative responses to the issues in the world that affect us (and our students) most deeply. Through exploring different avenues of art as expression, we hope to find imaginative ways to continue living creatively, even in the face of terror. Through actually creating works of art we will simulate how this would look in a whole group or small group setting. The goal will be to look beyond despair and perhaps, even, to find joy together.

Other

30. “Mindfulness in the Classroom” – Lesa May – School Counselor

Mindfulness: Come learn how to calm the chaos in your mind and in your schools.

Mindfulness in education is relatively new, even though it's been around almost a decade. The interest is mind-blowing and the enthusiasm is overwhelming among teachers and students. Learn how to bring research-proven benefits of mindfulness skills to yourselves and your students.

31. “Woulda Should Coulda” – Mary Ann Tackett – School Counselor

Are you new to the field? Or to your building? With over 20 years' experience combined as school counselors at both the elementary and high school levels, there are many things we wish we would have known or tried our first year as school counselors. Join us as we share all our woulda, shoulda, couldas.

32. “Forget the Rainforest – SAVE My Campus” – Rebecca Brent – Education Advocate

Would you like to eliminate repeated warnings and multiple requests from students? Is your campus interested in increased academics and decreased office referrals? Is gaining parent support important to your campus and empowering your educators?

Educators on average are losing 5-9 hours per week with low-level discipline challenges, therefore decreasing instruction time and increasing teacher frustration! Academics and classroom management go hand in hand. Participants will learn how to avoid the 'debate bait'. Participants will be encouraged and challenged to implement proven strategies and techniques that will change the classroom and campus climate immediately! Educators have reported a 70 percent or more success rate in discipline using these techniques and strategies!

Classroom management was rated as the most important variable to building and sustaining a high achieving classroom and campus! It is also the number one reason why educators and staff are leaving the profession. You do not need to spend any more money on new curricula, fancy programs, or trendy experts to increase student performance. You need to give your teachers and colleagues world-class proven classroom management training. You need to give your students the calmer, quieter, happier, higher-performing environment in which they can excel.

Let me help ease your pain and increase your success

33. “Navigating the Gray: Teaching Moral Character in Counseling Programs” – Steven Burdette – Professor ECU

Navigating the Gray: Teaching Moral Character in Clinical Mental Health Counseling

People learn to act morally through use of reason. As such, through refining our reason, logic, and abilities to think critically utilizing pluralistic perspectives of moral thought we have the chance to develop, not just ourselves morally, but better shift our identities as counselors to become more aware of our moral decisions and the relationship with the client which is not, by any view, morally neutral. This presentation posits ways to promote moral character development in counselors through coursework implementation and continuing education trainings. Specific areas of training and benefits of implementation will be discussed.

34. “Counselor Self Care” – Dr. Cynthia Palmer Mason – WKU Professor

Counselor self-care is related to counselor effectiveness. A number of studies indicate that approximately 18% of adults are affected by anxiety disorders. Mindfulness based meditation is useful for reducing symptoms of anxiety and stress. The focus is on breathing and gaining awareness of one's inner self. Practicing moment-to-moment awareness is essential in developing a systematic way of teaching the body and mind to develop calmness within (approximately 20 minutes at least three times a week). Those who meditate regularly are expected to experience a decrease in stress and an increase in their overall well-being. The three basic stages of Mindfulness-Based Meditation will be practiced during this session.

35. "IGNITE "LOVEINSCHOOLS" – Joel Katte – District Administrator

Most educators desire to teach with passion and purpose; however, the needs of students and families today have left many educators feeling frustrated, angry, and unfulfilled and ready to give up teaching with joy, love, and creativity. IGNITE #LOVEINSCHOOLS helps educators align their personal passion, purpose, and strengths with the mission and vision of their schools unleashing an unbelievable energy, enthusiasm, and intentional focus felt in every classroom, hallway, cafeteria, and school event. This professional learning differentiates for every participant right where he or she is in a safe, honest, and encouraging environment. Participants will personally reflect and then discuss with individual partners, table partners, and whole group the best ways to strengthen and repair their minds, bodies, relationships, and spirits, so they can give more fully to their students, colleagues, school families, their own families, and also to themselves. In school communities today it seems often there are too many needs and not enough time and resources; however, IGNITE #LOVEINSCHOOLS helps educators to strike the right work/life balance to meet and exceed today's intense expectations. This professional learning provides simple steps and strategies to improve communication and solidify relationships to inspire students, engage families, encourage colleagues, build community partnerships and maximize professional learning communities. Dr. Bill Daggett's "Rigor, Relevance, and Relationships" research and focus has been around for years; however, when one compares the amount of time, energy, and professional development devoted to enhancing educators' relationship skills compared to the rigor and relevance efforts, it is clear that educators need more support and practice in this critical area in order to positively impact school cultures and climates in impactful, profound ways. Time and time again school success stories come back to one life changing relationship and/or one simple moment maximized by a loving adult who communicates the student's worth and potential. School districts invest 75-90% of their budgets in salaries and benefits for its employees, and IGNITE #LOVEINSCHOOLS will ensure that investment is nurtured, protected, and magnified so employees' talents and potential are fully utilized. IGNITE #LOVEINSCHOOLS inspires educators to teach with passion and purpose, team with colleagues with unconditional love and respect, and strike the much needed work/life balance which ultimately makes them more effective teachers who can sustain positive student achievement results for many years to come. www.twitter.com/igniteLovePD

36. "Resilience Can be Taught! 10 Tools to Motivate ANY Student" – Christian Moore – Founder, WhyTry

What if you could give ALL of your students – even the most unmotivated – the skills they need to be resilient in the face of life's challenges? The breakthrough idea of this presentation is that resilience can be TAUGHT! In fact, there are 10 specific tools you can use TODAY to bring its life-changing power to students of any background or learning style. Whether you work with youth in one-on-one, small group, or classroom settings, once you've been given these tools, you won't want to go another day without using them! Studies have shown that students who learn resilience have improved social skills, higher grades, a greater love of learning, and better decision-making skills. Teachers and counselors who apply these skills see fewer behavioral problems and an increase in student motivation and engagement. This fun and informative presentation will completely change the way you approach your job – don't miss it!

37. "Help! I need NEW Tools for my Therapy Toolbox" – Sharon Todd – School Counselor

I love it when I leave a session with knowledge and skills I can take to work and implement right away. In this session, you will do the same! Come join me and learn some of the counseling techniques I have been using with students during individual sessions over the past nine years. These techniques are sure to add something new to your therapy toolbox.

38. "You Want to do What with School Counselors? Comprehensive School Counseling Program Advocacy" – Robin McCoy – KDE

School counselors have a responsibility to the students of Kentucky to ensure they are receiving direct counseling services for academics, college and career readiness, and social-emotional health. Let's talk advocacy at the school and district leadership level. OWN your position and the power you have to be an "Agent of Change."

39. "Credibility: Positive Public Relations for School Counselors" – Kristin Jewell – School Counselor

School counselors practicing at all levels and graduate counseling students will gain knowledge of best practices and innovative strategies for positive public relations. Attendees will learn to promote their programs to parents, community members, and school personnel through newsletters, social media, and other advertising strategies. Attendees will discuss methods for collecting data to present student growth to school and community leaders. Attendees will be provided with a sample "spotlight" and school counselor promotional materials at the close of the session.

40. "Making Changes Happen Through Successful FAFSA Completion" – David Scott – Outreach Counselor, Central Kentucky

Let KHEAA Outreach help you be an agent of change for your seniors through helping them with successful FAFSA completion. Being able to answer tricky FAFSA questions and tackle confusing scenarios is a key element of completing this major step towards continuing education beyond high school. This session will address many issues that can come up when assisting students complete, correct or verify a FAFSA, and participants will have the opportunity to learn from each other as they discuss common scenarios in small groups facilitated by KHEAA outreach staff. Increase your FAFSA confidence so you can make change happen for your seniors.

41. "The Tech Savvy Counselor" – Dr. Tinisha Taylor Holt – High School Counselor

Would you like to be more organized and improve your time management? Would you like to improve your communication with students and staff as well as parent/guardians? This session is designed for the counselor who wants to become more technologically savvy or those who simply want to streamline many of the processes that have become time consuming and overwhelming. Learn how to effectively use tools like Google Apps, Remind, Sign-Up Genius, QR Codes and more! Find out how to schedule appointments, distribute scholarship information, develop interactive guidance lessons, create field trip sign-ups and more!

42. "Strategies and Suggestions for Supervising Practicum and Internship Students" – Jill Minor, Amy Beal – School Counselors

School Counselor site supervisors play a vital role in the preparation and gatekeeping process of school counselor trainees. Although supervision of practicum or internship students is an expected professional duty for school counselors, supervision training is usually not made available despite the fact universities are supposed to provide such support for their site supervisor partners. The American School Counselor Association (ASCA) states a collaborative supervision model should be implemented for trainees. This interactive session will discuss various supervision methods and techniques that could be used in supervision including sand tray, conceptual mapping, case review and solution-focused practices.